



The Brazilian Journal of INFECTIOUS DISEASES

www.elsevier.com/locate/bjid



Brief Communication

Long-term assessment of systemic microcirculatory function and plasma cytokines after coronavirus disease 2019 (COVID-19)

Q1 **Letícia Sabioni^a, Andrea De Lorenzo^a, Hugo Caire Castro-Faria-Neto^b, Vanessa Estado^b, Eduardo Tibirica^{a,*}**

^a Instituto Nacional de Cardiologia, Ministério da Saúde, Rio de Janeiro, RJ, Brazil

^b Laboratório de Imunofarmacologia, Instituto Oswaldo Cruz, Fundação Oswaldo Cruz, Rio de Janeiro, RJ, Brazil

ARTICLE INFO

Article history:

Received 25 July 2022

Accepted 6 November 2022

Available online xxx

Keywords:

Laser Doppler perfusion monitoring

COVID-19

Endothelial dysfunction

Cytokines

ABSTRACT

Systemic microvascular dysfunction has been shown to be present in COVID-19, and serum cytokines are known to be involved in the regulation of vascular function. We sought to evaluate systemic microvascular endothelial function, with laser doppler perfusion monitoring (LDPM), and plasma levels of cytokines after acute COVID-19. Individuals admitted to a Cardiology hospital with acute COVID-19 and followed for 12–15 months after recovery underwent noninvasive evaluation of systemic endothelium-dependent microvascular reactivity by cutaneous LDPM with local thermal hyperemia (LTH). A multiplex biometric immunoassay panel was used to assess 48 serum cytokines and chemokines. Twenty patients and 14 control volunteers were enrolled. The areas under the curves of vasodilation induced by LTH were significantly increased after recovery ($P=0.009$) and were not different from values obtained in healthy volunteers ($P=0.85$). The peak microvascular flow during LTH did also significantly increase ($P=0.02$), and was not different from values obtained in healthy volunteers ($P=0.55$). Several cytokines displayed significantly reduced serum concentrations after recovery from COVID-19. In conclusion, endothelium-dependent systemic microvascular reactivity improved after recovery from COVID-19 in patients with cardiovascular diseases, in parallel with a reduction in the levels of several serum cytokines and chemokines involved in the regulation of vascular function and inflammation.

© 2022 Sociedade Brasileira de Infectologia. Published by Elsevier España, S.L.U. This is an open access article under the CC BY-NC-ND license (<http://creativecommons.org/licenses/by-nc-nd/4.0/>)

1 Systemic microvascular dysfunction has been shown to play
2 a crucial role in the pathophysiology of coronavirus disease
3 2019 (COVID-19).^{1–3} Persistent endothelial dysfunction,
4 assessed through changes in endothelium-dependent flow-
5 mediated dilation, has been detected in post-acute COVID-19

patients, two months after a SARS-CoV-2 negative nasopharyngeal swab,⁴ with significant improvement after multidisciplinary rehabilitation.⁵ Moreover, the improvement in endothelial function was positively correlated with the improvement in pulmonary function.⁴

We have recently shown that patients with acute COVID-19 and cardiovascular disease developed systemic microvascular endothelial dysfunction, in parallel with marked

* Corresponding author.

E-mail address: etibi@uol.com.br (E. Tibirica).

<https://doi.org/10.1016/j.bjid.2022.102719>

1413-8670/© 2022 Sociedade Brasileira de Infectologia. Published by Elsevier España, S.L.U. This is an open access article under the CC BY-NC-ND license (<http://creativecommons.org/licenses/by-nc-nd/4.0/>)

14 increases in the levels of serum cytokines and chemokines
15 involved in the regulation of vascular function and inflamma-
16 tion.⁶ In addition, also using cutaneous laser Doppler flowme-
17 try, Glazkov et al.⁷ reported that known COVID-19 risk factors,
18 including hemorheological parameters and age, are nega-
19 tively correlated with endothelium-dependent microvascular
20 reactivity to heating in patients with COVID-19. Moreover,
21 patients with COVID-19, particularly those with severe infec-
22 tion, have a reduced hyperemic coronary flow and coronary
23 flow velocity reserve, indicating the presence of coronary
24 microvascular dysfunction, which correlates with biomarkers
25 of inflammation.⁸

26 However, the evolutionary pattern of systemic microcircu-
27 latory function after recovery remained to be investigated.
28 Therefore, we sought to evaluate whether systemic microvas-
29 cular endothelial dysfunction, assessed with laser doppler
30 perfusion monitoring (LDPM), and increased plasma levels of
31 cytokines and chemokines persisted 12 to 15 months after
32 acute COVID-19.

33 Twenty patients who had been admitted with COVID-19 to
34 the National Institute of Cardiology, in Rio de Janeiro, Brazil,
35 during 2020 were studied 12 to 15 months after the acute
36 phase of the disease. All patients had underlying cardiac dis-
37 ease and signed an informed consent to participate. The
38 study was approved by the Institutional Review Board (proto-
39 col number CAAE 31237220.1.0000.5272) and was registered
40 and made public at ClinicalTrials.gov (NCT4406545).

41 The patients had SARS-CoV-2 infection detected by RT
42 –PCR analysis of nasopharyngeal swabs and met the criteria
43 for hospitalization either due to their underlying condition or
44 due to COVID-19 severity.⁹ During the follow-up evaluation
45 for this study, all patients had negative RT–PCR tests for
46 COVID-19. Serum cytokines were evaluated on the same day
47 the LDPM was performed.

48 A group of healthy volunteers ($n=14$) without acute or
49 chronic diseases or cardiac risk factors, was recruited among
50 hospital staff members who tested negative for SARS-CoV-2.
51 This group was also evaluated with LDPM and served as a
52 control group, as previously described.⁶

53 The evaluation of the microvascular flow and reactivity
54 was performed using a single-point laser Doppler perfusion
55 monitoring (LDPM) system (Periflux 5001, Perimed, Järfälla,
56 Sweden) and heating laser probes (PF 457, Perimed, Järfälla,
57 Sweden) to noninvasively measure systemic microvascular
58 perfusion changes (in arbitrary perfusion units [APU= 10 mV]).
59 After measuring the resting microvascular flow on the skin of
60 the forearm for five minutes, endothelium-dependent micro-
61 vascular vasodilatation was assessed using 15 min local heat-
62 ing of the laser probe to 44°C (local thermal hyperemia, LTH),
63 as previously described.^{10,11} The areas under the curves
64 (AUCs) of vasodilation induced by LTH and peak microvascu-
65 lar flow during LTH were calculated using Perimed's dedi-
66 cated software for Perimed Periflux System 5001 (Perimed,
67 Järfälla, Sweden).

68 Blood samples were collected from a peripheral vein and
69 stored on ice. Plasma was obtained by centrifugation at $800g$
70 for 15 min at 4°C , and aliquots were stored at -70°C until the
71 day of analysis. A multiplex biometric immunoassay using
72 fluorescently dyed microspheres conjugated to monoclonal
73 antibodies specific for a target protein was used to measure

48 cytokines and chemokines according to the manufactur- 74
er's instructions (Bio-Plex Human Cytokine Assay; Bio-Rad 75
Inc., Hercules, CA, USA). Cytokines and chemokines [IL- 1α , IL- 76
15, IL-17, IL-5, IL-10, IFN- $\alpha 2$, IL-12p40, MCP-1, cutaneous T 77
cell-attracting chemokine (CCL247CTACK), IFN- γ -inducible 78
protein-10 (CXCL10/IP-10), monocyte chemoattractant pro- 79
tein-1 (CCL2/MCP-1), macrophage inflammatory protein 80
(CCL3/MIP- 1α and CCL4/MIP- 1β), and regulated upon activa- 81
tion of normal T cell expression and secretion (CCL5/ 82
RANTES)] were determined using a multiplex array reader 83
from the Luminex™ Instrumentation System (Bio-Plex Work- 84
station from Bio-Rad Laboratories, Hercules, California, USA). 85
The analyte concentrations were calculated using software 86
provided by the manufacturer (Bio-Plex Manager Software). 87

88 Results are presented as mean \pm SD or median (25th–75th 88
percentiles) for the parametric or nonparametric parameters, 89
respectively, according to the Shapiro–Wilk normality test. 90
The statistical analysis of cytokine values was performed 91
using two-tailed paired t tests (parametric values) or Wil- 92
coxon matched-pairs signed rank test (nonparametric val- 93
ues). The microvascular parameters were analyzed using 94
one-way ANOVA (Tukey's multiple comparisons test). The 95
outlier values of microvascular parameters or plasma concen- 96
trations of cytokines and chemokines were detected using the 97
robust regression and outlier removal method (ROUT).¹² P - 98
values < 0.05 were considered statistically significant. All sta- 99
tistical analyses were performed using Prism, version 7.0 100
(GraphPad Software Inc. La Jolla, CA, USA). 101

102 Twenty patients who had mild to moderate COVID-19 102
were included in the study. The outlier values of microvascu- 103
lar parameters of two patients were excluded from the analy- 104
sis based on the ROUT. Mean age of the patients and controls 105
was 57.3 ± 16.5 vs 56.3 ± 9.6 years ($P=0.60$), and 45% vs. 43% 106
($P=0.90$) were male. Regarding patients, 70% had hyperten- 107
sion, 40% had diabetes, 30% had dyslipidemia, 30% were 108
smokers, 50% had coronary artery disease, and 35% had val- 109
vular heart disease; 45% were on angiotensin receptor block- 110
ers or angiotensin-converting enzyme inhibitors, 70% on 111
beta-blockers, 25% on calcium channel blockers, 5% on direct 112
vasodilators, 5% on nitrates, 50% on diuretics, 60% on statins, 113
45% on antiplatelet agents, and 35% on oral antidiabetic 114
agents or insulin. At the follow-up visit, 65% of the patients 115
were symptomatic, with fatigue, dyspnea, cough, headache, 116
anosmia, muscle pain, cognitive and sleep disturbances as 117
the most frequent symptoms; 46% of the patients had more 118
than one symptom. 119

120 The evaluation of endothelium-dependent microvascular 120
reactivity showed that vasodilation induced by LTH was sig- 121
nificantly increased after recovery compared with values 122
obtained during the acute phase of COVID-19, and similar to 123
that of healthy controls (Fig. 1A). Accordingly, the AUCs of 124
vasodilation were significantly increased after recovery 125
[95,415 (75,552-121,399) vs. 57,555 (40,509-78,310) APU/mmHg/
s, $P=0.009$] but not different from values obtained in healthy 127
volunteers [111,745 (78,112-123,754) APU/mmHg/s, $P=0.85$; 128
Fig. 2B]. The peak microvascular flow during LTH was also sig- 129
nificantly increased [116.5 (96.5-144.5) vs. 84 (61.2-140.5) APU, 130
 $P=0.02$], but not different from values obtained in healthy vol- 131
unteers [145.5 (119-173.3) APU, $P=0.55$; Fig. 2C]. The baseline 132
values of microvascular flow were not different between the 133

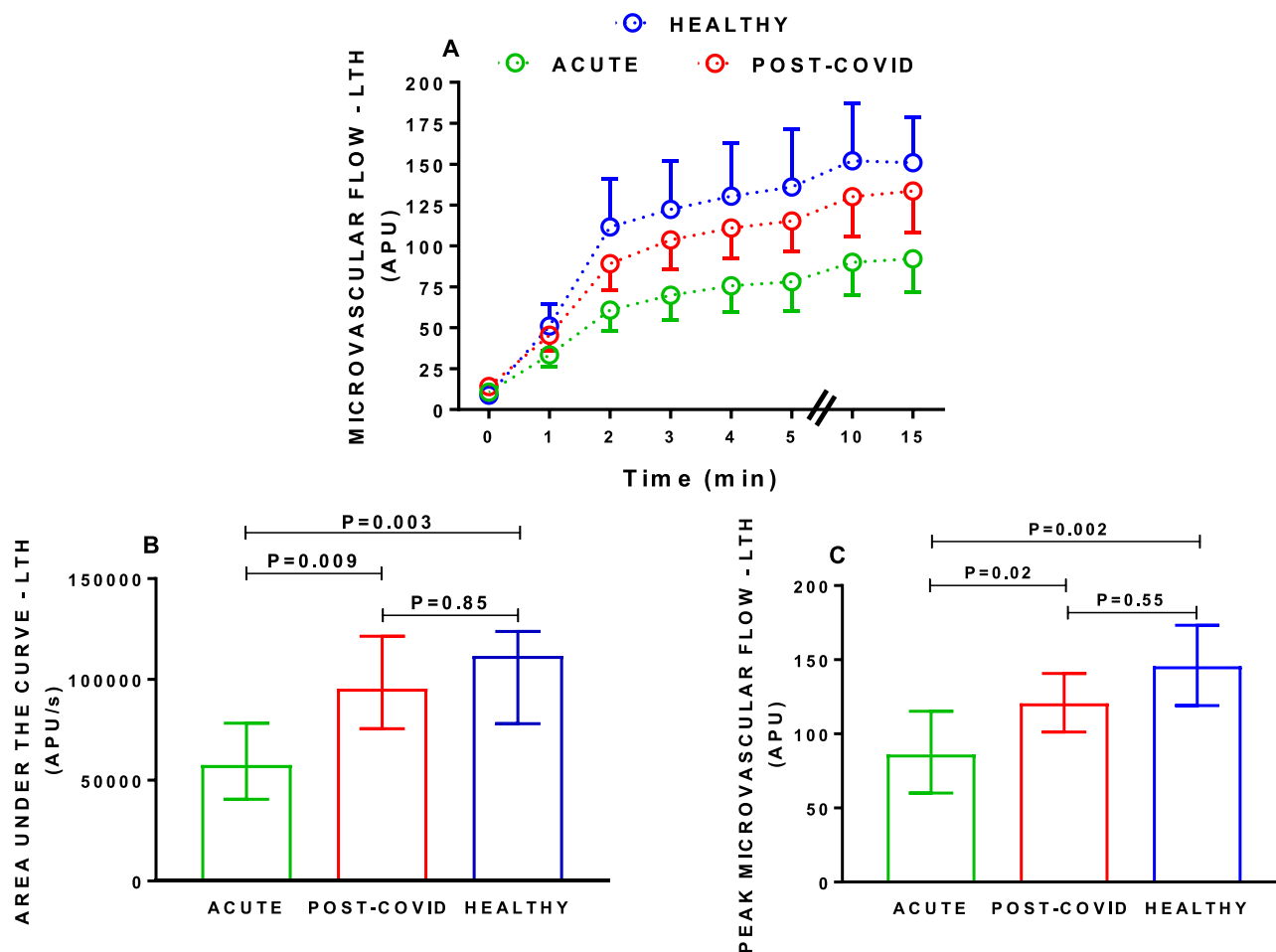


Fig. 1 – Effects of local thermal hyperemia (LTH) on cutaneous microvascular flow and reactivity in patients during the acute phase of COVID-19 (ACUTE), 12–15 months after recovery (POST-COVID) and in healthy volunteers (HEALTHY): (A) time-course of microvascular vasodilation; (B) areas under the curves of microvascular vasodilation and (C) peak microvascular flow during LTH. The values are expressed as the mean \pm SD or median values (25th to 75th percentiles) according to Shapiro–Wilk normality tests. The results were analyzed using one-way ANOVA (Tukey’s multiple comparisons test). APU, arbitrary perfusion units.

134 recovery period and acute phase [12.5 (8.7-16) vs. 9.5 (7-12.7)
 135 APU, $P=0.52$] or when compared with those of healthy volun-
 136 teers [8.5 (6.7-10.5); $P=0.08$]. Finally, the comparison of the
 137 endothelium-dependent microvascular reactivity in patients
 138 with or without symptoms after recovery from COVID-19
 139 showed that vasodilation induced by LTH was not different
 140 between these groups (Fig. 3).

141 Plasma levels of high-sensitivity C-reactive protein in the
 142 patients decreased from 3.55 (1.4-10.3) mg/L (acute phase of
 143 COVID-19 infection) to 0.2 (0.2–0.4) mg/L after recovery
 144 ($P=0.0001$). Also, after recovery, patients had significantly
 145 lower serum concentrations of the proinflammatory cyto-
 146 kines and chemokines IL-1 α , IL-15, IL-17, IFN α 2, IL-2p40, MCP-
 147 1, MIP1 β , RANTES, and CTACK, as well as of the anti-inflam-
 148 matory cytokines IL-5 and IL-10. However, IP-10 levels
 149 increased after recovery (Fig. 2).

150 Cytokines are well-recognized important parameters in
 151 the evaluation of COVID-19, either in the acute phase or in
 152 the assessment of disease progression; thus, understanding
 153 the qualitative, quantitative, and temporal evolution of cyto-
 154 kine expression is essential for a better comprehension of the

disease. Interestingly, in this study, IP-10 serum levels were
 155 higher in the follow-up evaluation than during the acute
 156 phase of COVID-19. Busko et al.¹³ reported that IP-10 expres-
 157 sion is different in COVID-19 compared to other viral infec-
 158 tions, where it is transiently induced, while in the former it
 159 has frequently remained elevated. Elevated IP-10 might be a
 160 signature of severe coronavirus infection, as it has also been
 161 found in SARS-CoV and MERS-CoV infections.
 162

Concerning the dispersion of cytokines levels measured in
 163 the present study, it is important to note that factors such as
 164 age, sex, and preexisting diseases influence the immune sys-
 165 tem of patients, reflecting the variable cytokine response to
 166 infections. The variability in the pattern of pro-inflammatory
 167 cytokines observed in our study is justified because the stan-
 168 dard deviation increases as the dispersion around the arith-
 169 metic mean increases. The number of patients enrolled for
 170 the analysis also contributed for a large dispersion of the
 171 results. However, we applied appropriate statistical tests that
 172 proved the statistical significance of the results presented.^{14,15}
 173

The interplay between endothelial function and inflam-
 174 mation (expressed by serum cytokines) seems to be key in the
 175

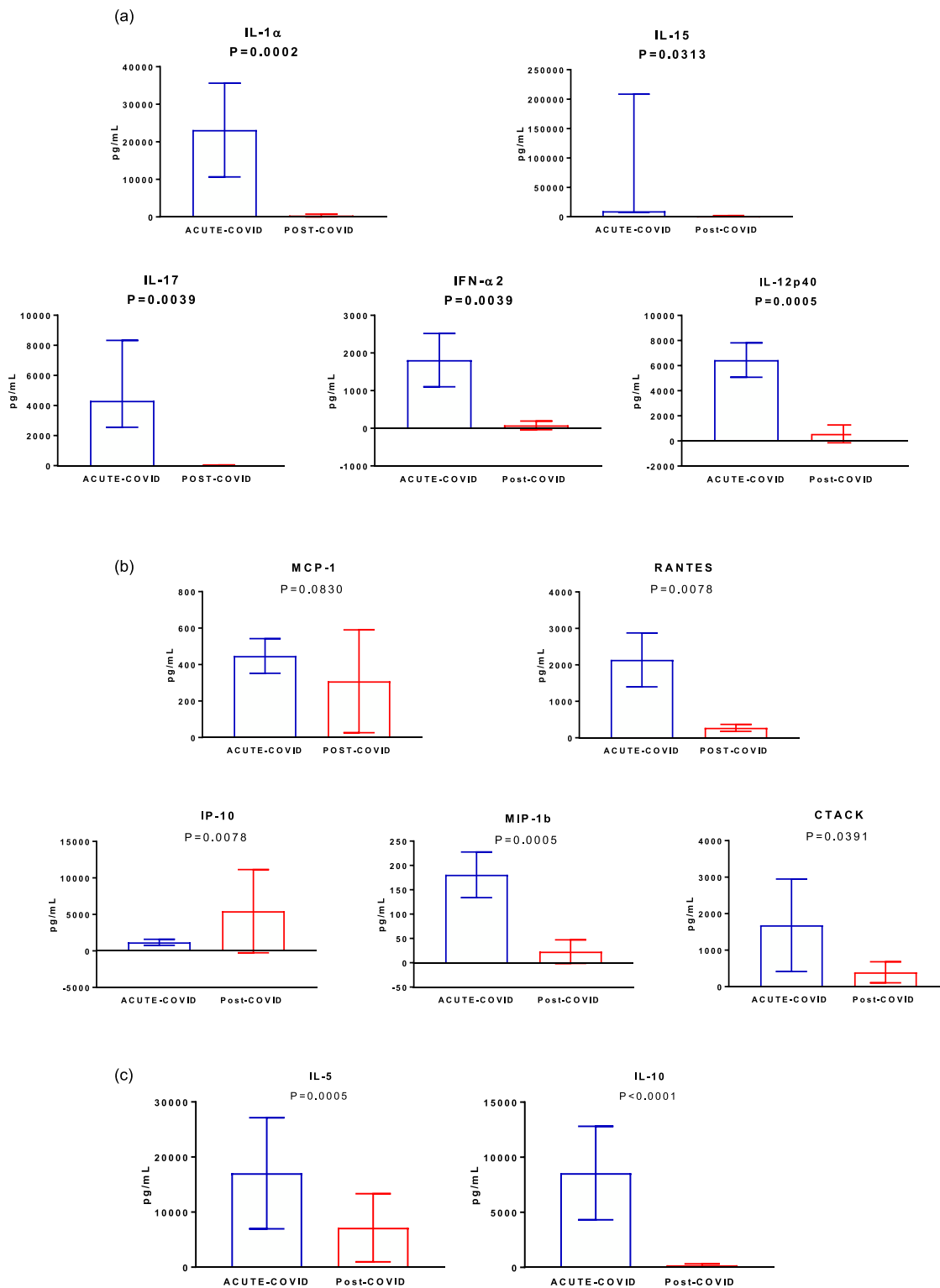


Fig. 2 – Plasma concentrations of proinflammatory cytokines (A), proinflammatory chemokines (B) and anti-inflammatory cytokines (C) obtained in patients during the acute phase of COVID-19 (ACUTE-COVID) and 12-15 months after recovery (POST-COVID).

The results are presented as the mean \pm SD or the median (25th–75th percentile) for values that follow or do not follow a Gaussian distribution, respectively (Shapiro–Wilk normality test). P values were estimated using two-tailed paired Student's t tests (parameters with Gaussian distribution) or Wilcoxon matched-pairs signed rank test (parameters with non-Gaussian distribution).

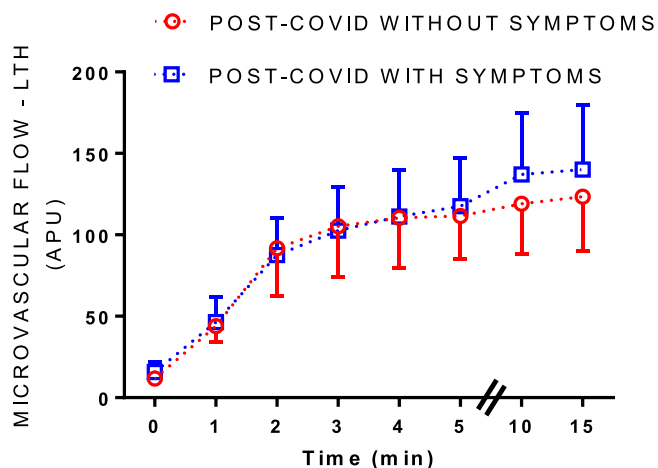


Fig. 3 – Effects of local thermal hyperemia (LTH) on cutaneous microvascular flow and reactivity in patients with or without persistent symptoms 12–15 months after infection recovery. The values are expressed as the mean \pm SD according to Shapiro-Wilk normality tests. The results were analyzed using two-way ANOVA followed by the Sidak's multiple comparisons test. There were no significant differences between groups.

APU, arbitrary perfusion units.

Table 1 – The clinical characteristics of COVID-19 patients and healthy controls evaluated 12-15 months after infection recovery.

Parameter	COVID-19 (n = 20)	HEALTHY (n = 14)	P-VALUE
Age (years)	57.3 \pm 16.5	56.3 \pm 9.6	0.60
Male sex n (%)	9 (45)	6 (43)	0.90
SAP (mmHg)	117 \pm 19	133 \pm 22	0.04
DAP (mmHg)	71 \pm 10	80 \pm 9	0.02
MAP (mmHg)	87 \pm 13	98 \pm 11	0.01
Heart rate (bpm)	78 \pm 15	N/D	-
BMI (kg/m ²)	26.8 \pm 5.1	N/D	-
Hypertension (%)	14 (70)	N/A	-
Diabetes n (%)	8 (40)	N/A	-
Dyslipidemia n (%)	6 (30)	N/A	-
Smoking n (%)	6 (30)	N/A	-
Coronary artery disease n (%)	10 (50)	N/A	-
Valvular heart disease n (%)	7 (35)	N/A	-
Usual medications			
Angiotensin receptor blockers/ACE inhibitors n (%)	9 (45)	N/A	-
Beta-blockers n (%)	3 (30)	N/A	-
Calcium channel blockers n (%)	5 (25)	N/A	-
Direct vasodilators n (%)	1 (5)	N/A	-
Nitrates n (%)	1 (5)	N/A	-
Diuretics n (%)	10 (50)	N/A	-
Statins n (%)	12 (60)	N/A	-
Oral antidiabetic agents/insulin n (%)	7 (35)	N/A	-
Antiplatelet agents n (%)	9 (45)	N/A	-

SAP, systolic arterial pressure; DAP, diastolic arterial pressure; MAP, mean arterial pressure; ACE, angiotensin-converting enzyme; BMI, body mass index; N/D, not determined; N/A, not applicable.

The results are presented as mean \pm SD or median (25th–75th percentile) for values that follow or do not follow a Gaussian distribution, respectively (Shapiro-Wilk normality test).

P-values were estimated using two-tailed unpaired Student's t tests (comparisons of two groups for parameters with Gaussian distribution), two-tailed unpaired Mann-Whitney tests (comparisons of two groups for parameters with non-Gaussian distribution), or chi-square (Fisher's exact test), for categorical parameters.

176 pathophysiology of COVID-19, either in the acute phase or
177 after recovery. The inflammatory response driven by several
178 cytokines, including those originating from perivascular adipo-
179 cytes, may aggravate endothelial dysfunction via endothe-
180 lial nitric oxide synthase uncoupling and reactive oxygen
181 species production.¹⁶

182 Persistent endothelial dysfunction has been shown after
183 recovery from COVID-19 in some studies.¹⁷ Chioh et al.¹⁸
184 found elevated levels of circulating endothelial cells, a bio-
185 marker of vascular injury, in patients who recovered from
186 COVID-19, especially in those with preexisting conditions
187 such as hypertension or diabetes. In their study, proinflam-
188 matory cytokines (IL-1 β , IL-17A, IL-2, and RANTES) remained
189 elevated during early recovery, again more intensely in
190 patients with cardiovascular risk factors, correlating posi-
191 tively with circulating endothelial cell measures, suggesting
192 cytokine-induced endothelial dysfunction (Table 1).

193 Long COVID-19, or the presence of symptoms or health
194 disturbances after four weeks from SARS-CoV-2 infection,¹⁹
195 has been a recent matter of concern. In our study, at the fol-
196 low-up visit, 65% of the patients were symptomatic, but endo-
197 thelial dysfunction was not associated with either the
198 presence or absence of symptoms. In the study by Charffe-
199 dine et al.²⁰ 77.4% of the patients reported long-COVID symp-
200 toms, but endothelial dysfunction, as well as female sex and
201 severity of acute COVID-19, were significantly associated with
202 long COVID-19. Different techniques for the assessment of
203 endothelial function, as well as the small number of patients
204 in our study, may account for the discrepant findings. In our
205 study sample of patients with known cardiovascular disease,
206 both endothelial dysfunction and serum proinflammatory
207 cytokine levels had recovered by the long-term follow-up

208 evaluation, suggesting that it might take much longer to
209 return to baseline states after COVID-19.

210 While clinical studies on microcirculatory physiology,
211 using different methods,²¹ have been performed for a long
212 time in the context of several medical conditions, including
213 cardiovascular and metabolic diseases,²² the applications in
214 the study of infectious diseases have been scarce. Nonethe-
215 less, using laser-based methodology, we demonstrated that
216 the microcirculation of patients with infective endocarditis
217 have greater basal vasodilation and a reduction of the endo-
218 thelium-dependent and -independent microvascular reactiv-
219 ity, compared to healthy individuals.²³ LDPM is a noninvasive
220 method for the evaluation of systemic microvascular endo-
221 thelial function,²⁴ as the cutaneous microcirculation is an
222 accessible and representative vascular bed that can be used
223 for the evaluation of systemic microcirculatory flow and reac-
224 tivity.²⁵ Systemic microvascular reactivity can be evaluated

225 using LDPM combined with cutaneous LTH, as the vasodila-
 226 tory response in the skin due to LTH represents, fundamen-
 227 tally, endothelium-dependent microvascular reactivity.^{11,26}
 228 Therefore, noninvasive assessment of endothelial function in
 229 COVID-19 may help understand the pathophysiology and
 230 evolution of the disease.⁷

231 Study limitations and strengths

232 This was a small study of a specific group of patients with
 233 prior cardiac disease; therefore, the results may not be gener-
 234 alizable to other populations with COVID-19 infection. None-
 235 theless, it may serve as a proof of concept of the reversibility
 236 of the acute abnormalities of endothelial function one year
 237 after acute COVID-19. Additionally, it depicts the usefulness
 238 of a noninvasive method for the evaluation of endothelial
 239 function, which may be useful for larger trials.

240 Funding sources

241 This investigation was supported by grants from CNPq (Con-
 242 selho Nacional de Desenvolvimento Científico e Tecnológico,
 243 E.T. grant #305234/2017-0 and H.C.C.F.N. grant #4017000/2020-
 244 8), FAPERJ (Fundação de Amparo à Pesquisa do Estado do Rio
 245 de Janeiro, E.T. grant #E-26/202.822/2018 and H.C.C.F.N. grant
 246 # E26/210.181/2020).

247 Conflicts of interest

248 The authors declare no conflicts of interest.

249 Acknowledgments

250 The authors would like to thank Marcio Marinho Gonzalez for
 251 his excellent technical assistance with LDPM recordings and
 252 Edson Fernandes de Assis for performing the cytokine assays
 253 with the multiplex platform at the Instituto Oswaldo Cruz,
 254 Fiocruz, Rio de Janeiro. We would also like to thank Fabiana
 255 Muccillo and Renata Carvalho Moreira for technical assistance
 256 in the procedures of blood processing and deep-freeze storage.

257 REFERENCES

- 258 1. De Lorenzo A, Escobar S, Tibirica E. Systemic endothelial
 259 dysfunction: a common pathway for COVID-19,
 260 cardiovascular and metabolic diseases. *Nutr. Metab.*
 261 *Cardiovasc. Dis.* 2020;30:1401-2.
- 262 2. Pons S, Fodil S, Azoulay E, Zafrani L. The vascular
 263 endothelium: the cornerstone of organ dysfunction in severe
 264 SARS-CoV-2 infection. *Crit. Care.* 2020;24:353.
- 265 3. Sardu C, Gambardella J, Morelli MB, Wang X, Marfella R,
 266 Santulli G. Hypertension, thrombosis, kidney failure, and
 267 diabetes: is COVID-19 an endothelial disease? A
 268 comprehensive evaluation of clinical and basic evidence. *J.*
 269 *Clin. Med.* 2020;9:1417.

4. Ambrosino P, Calcaterra I, Molino A, et al. Persistent
 270 endothelial dysfunction in post-acute COVID-19 syndrome: a
 271 case-control study. *Biomedicines.* 2021;9:957. 272
5. Ambrosino P, Molino A, Calcaterra I, et al. Clinical assessment
 273 of endothelial function in convalescent COVID-19 patients
 274 undergoing multidisciplinary pulmonary rehabilitation.
 275 *Biomedicines.* 2021;9:614. 276
6. Sabioni L, De Lorenzo A, Lamas C, et al. Systemic
 277 microvascular endothelial dysfunction and disease severity in
 278 COVID-19 patients: Evaluation by laser Doppler perfusion
 279 monitoring and cytokine/chemokine analysis. *Microvasc. Res.*
 280 2021;134:104119. 281
7. Glazkov AA, Ulbashev DS, Borshchev GG, Pulin AA, Glazkova
 282 PA, Kulikov DA. Skin microcirculation reactivity to local
 283 thermal hyperaemia in patients with Covid-19 - a pilot
 284 observational study. *Clin. Hemorheol. Microcirc.* 2022. <https://doi.org/10.3233/CH-221431>. Online ahead of print. 285
8. Caliskan M, Baycan OF, Celik FB, et al. Coronary microvascular
 286 dysfunction is common in patients hospitalized with COVID-
 287 19 infection. *Microcirculation.* 2022;29:e12757. 288
9. Wiersinga WJ, Rhodes A, Cheng AC, Peacock SJ, Prescott HC.
 289 Pathophysiology, transmission, diagnosis, and treatment of
 290 coronavirus disease 2019 (COVID-19): a review. *JAMA.*
 291 2020;324:782-93. 292
10. Salgado MA, Salgado-Filho MF, Reis-Brito JO, Lessa MA,
 293 Tibirica E. Effectiveness of laser Doppler perfusion monitoring
 294 in the assessment of microvascular function in patients
 295 undergoing on-pump coronary artery bypass grafting. *J.*
 296 *Cardiothorac. Vasc. Anesth.* 2014;28:1211-6. 297
11. Ugenti V, Romano AC, Tibirica E. Microvascular endothelial
 298 dysfunction during cardiopulmonary bypass in surgery for
 299 correction of cyanotic and acyanotic congenital heart disease.
 300 *Microvasc. Res.* 2018;120:55-8. 301
12. Motulsky HJ, Brown RE. Detecting outliers when fitting data
 302 with nonlinear regression - a new method based on robust
 303 nonlinear regression and the false discovery rate. *BMC Bioinf.*
 304 2006;7:123. 305
13. Buszko M, Nita-Lazar A, Park JH, et al. Lessons learned: new
 306 insights on the role of cytokines in COVID-19. *Nat. Immunol.*
 307 2021;22:404-11. 308
14. Rodrigues LP, Teixeira VR, Alencar-Silva T, et al. Hallmarks of
 309 aging and immunosenescence: connecting the dots. *Cytokine*
 310 *Growth Factor Rev.* 2021;59:9-21. 311
15. Mehta P, McAuley DF, Brown M, et al. COVID-19: consider
 312 cytokine storm syndromes and immunosuppression. *Lancet.*
 313 2020;395:1033-4. 314
16. Kim HW, Belin de Chantemele EJ, Weintraub NL. Perivascular
 315 adipocytes in vascular disease. *Arterioscler. Thromb. Vasc.*
 316 *Biol.* 2019;39:2220-7. 317
17. Gavriilaki E, Anyfanti P, Gavriilaki M, Lazaridis A, Douma S,
 318 Gkaliagkousi E. Endothelial dysfunction in COVID-19: lessons
 319 learned from coronaviruses. *Curr. Hypertens. Rep.* 2020;22:63. 320
18. Chioh FW, Fong SW, Young BE, et al. Convalescent COVID-19
 321 patients are susceptible to endothelial dysfunction due to
 322 persistent immune activation. *Elife.* 2021;10. 323
19. Centers for Disease Control and Prevention. Post-COVID
 324 Conditions: Information for Healthcare Providers <https://www.cdc.gov/coronavirus/2019-ncov/hcp/clinical-care/post-covid-conditions.html> 2022. 325
20. Charfeddine S, Ibn Hadj Amor H, Jdidi J, et al. Long COVID 19
 326 syndrome: is it related to microcirculation and endothelial
 327 dysfunction? Insights from TUN-EndCOV study. *Front.*
 328 *Cardiovasc. Med.* 2021;8:745758. 329
21. Cracowski JL, Roustit M. Current methods to assess human
 330 cutaneous blood flow: an updated focus on laser-based-
 331 techniques. *Microcirculation.* 2016;23:337-44. 332
22. Gomes MB, Matheus AS, Tibirica E. Evaluation of
 333 microvascular endothelial function in patients with type 1
 334 335 336 337

- 338 diabetes using laser-Doppler perfusion monitoring: which
339 method to choose? *Microvasc. Res.* 2008;76:132–3. 346
- 340 23. Barcelos A, Tibirica E, Lamas C. Evaluation of microvascular 347
341 endothelial function and capillary density in patients with 348
342 infective endocarditis using laser speckle contrast imaging 349
343 and video-capillaroscopy. *Microvasc. Res.* 2018;118:61–8. 350
- 344 24. Turner J, Belch JJ, Khan F. Current concepts in assessment of 351
345 microvascular endothelial function using laser Doppler 352
imaging and iontophoresis. *Trends Cardiovasc. Med.* 353
2008;18:109–16. 346
25. Holowatz LA, Thompson-Torgerson CS, Kenney WL. The 348
human cutaneous circulation as a model of generalized 349
microvascular function. *J. Appl. Physiol.* 2008;105:370–2. (1985). 350
26. Roustit M, Cracowski J,L. Non-invasive assessment of skin 351
microvascular function in humans: an insight into methods. 352
Microcirculation. 2012;19:47–64. 353