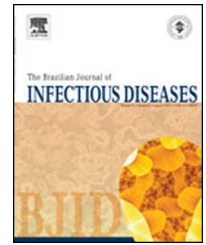




# The Brazilian Journal of INFECTIOUS DISEASES

[www.elsevier.com/locate/bjid](http://www.elsevier.com/locate/bjid)



## Original Article

# The clinical effectiveness of pegylated interferon and ribavirin for the treatment of chronic hepatitis C in HIV-infected patients in Brazil: a multicentric study



Paulo Roberto Abrão Ferreira<sup>a,\*</sup>, Mariliza Henrique da Silva<sup>b,c</sup>,  
Carlos Eduardo Brandão-Melo<sup>d</sup>, Rosamar Eulira Rezende<sup>e</sup>, Mário Gonzalez<sup>f</sup>,  
Tânia Reuter<sup>g</sup>, Jose David Urbaz<sup>h</sup>, Reinaldo Jose Gianini<sup>i</sup>, Ana Martinelli<sup>j</sup>,  
Maria Cássia Mendes-Correa<sup>k</sup>

<sup>a</sup> Disciplina de Infecologia Universidade Federal de São Paulo – UNIFESP, São Paulo, Brazil

<sup>b</sup> Centro de Referência e Tratamento DST-AIDS de São Paulo, São Paulo, Brazil

<sup>c</sup> Clínica de Especialidades de São Bernardo do Campo, São Paulo, Brazil

<sup>d</sup> Universidade Federal do Estado do Rio de Janeiro – UNIRIO, Rio de Janeiro, Brazil

<sup>e</sup> Centro de Especialidades – Ambulatório de Hepatites, Secretaria Municipal de Saúde de Ribeirão Preto, São Paulo, Brazil

<sup>f</sup> Instituto de Infectologia Emilio Ribas, São Paulo, Brazil

<sup>g</sup> Disciplina de Infectologia – Universidade Federal do Espírito Santo – UFES, Vitória, Brazil

<sup>h</sup> Unidade Mista de Saúde – Unimista 508/509, SES-DF, Brasília, Brazil

<sup>i</sup> Laboratório de Investigação Médica em Epidemiologia e Estatística, Faculdade de Medicina da Universidade de São Paulo – FMUSP, São Paulo, Brazil

<sup>j</sup> Divisão de Gastroenterologia da Faculdade de Medicina da Universidade de São Paulo, Ribeirão Preto, Brazil

<sup>k</sup> Departamento de Doenças Infeciosas e Parasitárias da Faculdade de Medicina da Universidade de São Paulo, São Paulo, Brazil

## ARTICLE INFO

### Article history:

Received 26 May 2014

Accepted 1 August 2014

Available online 1 September 2014

### Keywords:

Interferon

Ribavirin

HCV

HIV

## ABSTRACT

**Introduction:** in Brazil, chronic hepatitis C in patients coinfecting with the human immunodeficiency virus (HIV) is treated with pegylated interferon (Peg-IFN) and ribavirin (RBV). However, few studies have evaluated the effectiveness of this treatment in this particular population. The identification of the factors that predict sustained virological response (SVR) under current clinical practice would enable clinicians to more accurately estimate the probability of achieving an SVR and therefore utilize the appropriate therapeutics, especially in the era of direct-acting antiviral (DAA) agents.

**Aims:** the primary aim of our study was to determine the SVR rate under current clinical practice. The secondary aims were as follows: (1) to determine the factors before and during treatment that predict SVR; and (2) to identify the causes of treatment interruption.

\* Corresponding author at: Federal University of São Paulo – UNIFESP, Division of Infectious Disease, Outpatient Clinic to HIV and Viral Hepatitis, Rua Loefgreen, 1588, Vila Clementino, São Paulo-SP, CEP 04040-002, Brazil.

E-mail address: [paulo.abrao.ferreira@gmail.com](mailto:paulo.abrao.ferreira@gmail.com) (P.R.A. Ferreira).

<http://dx.doi.org/10.1016/j.bjid.2014.08.002>

1413-8670/© 2014 Elsevier Editora Ltda. Este é um artigo Open Access sob a licença de [CC BY-NC-ND](http://creativecommons.org/licenses/by-nc-nd/4.0/)

**Methods:** within a cohort of HIV/hepatitis C virus (HCV)-coinfected patients in Brazil, we performed a retrospective analysis of those individuals treated with Peg-IFN and RBV.

**Results:** among the 382 analyzed patients, SVR was observed in 118 [30.9% (95% confidence interval (CI): 26.3–35.8)], which included 25.9% (75/289) of the patients with genotypes 1 and 4 and 48.2% (41/85) of those with genotypes 2 and 3. After multivariate analyses the independent positive predictors for SVR after treatment for chronic hepatitis C with Peg-IFN and RBV were: absence of an AIDS-defining illness ( $p=0.001$ ), HCV viral load lower than 600,000 IU/mL at the onset of treatment ( $p=0.003$ ), higher liver enzyme levels ( $p=0.039$ ) at baseline, infection with genotypes 2 or 3 ( $p=0.003$ ), and no transient treatment interruption ( $p=0.001$ ).

The treatment was interrupted in 25.6% (98/382) of the patients because of adverse events (11.3%, 43/382), virologic failure (7.8%, 30/382), and dropout (6.5%, 43/382). The main adverse events were cytopenia and psychiatric disorders.

**Conclusions:** in our Brazilian case series, the SVR rate under current clinical practice conditions was similar to that reported in other studies. There was a correlation between an SVR and being infected by genotypes 2 and 3, low viral load, high ALT levels at the onset of treatment, and absence of an AIDS-defining illness. Cytopenia and psychiatric disorders were the major causes of treatment interruption. Efforts should be focused on optimizing management of side effects and counseling to improve adherence and to keep patients on treatment.

© 2014 Elsevier Editora Ltda. Este é um artigo Open Access sob a licença de CC BY-NC-ND

---

## Introduction

Therapeutic decisions regarding the treatment of hepatitis C with pegylated interferon (Peg-IFN) and ribavirin (RBV) in patients coinfecting with the human immunodeficiency virus (HIV) are complex. Numerous factors must be considered, such as the status of the HIV infection, the stage of liver fibrosis, the probability of attaining sustained virologic response (SVR), potential treatment risks, and any comorbidities. The treatment regimen consisting of Peg-IFN and RBV has a high rate of ineligibility,<sup>1</sup> an increased frequency of adverse events, lower rates of SVR, and more relapses among the HIV/hepatitis C virus (HCV)-coinfected population compared with HCV mono-infected patients.<sup>2</sup> The development and utilization of direct-acting antiviral (DAA) agents should advance the treatment paradigms.

Currently, Peg-IFN and RBV, in combination with new oral DAA agents, remain the basis of the therapeutic regimens utilized to treat HCV genotype 1 and the other genotypes. Treating chronic hepatitis C with DAA agents against HCV in HIV/HCV-coinfected patients faces many challenges, including drug interactions with antiretroviral (ARV) agents,<sup>3,4</sup> increased toxicity due to the combination therapy with ARVs, rapid selection of HCV-resistant mutants, treatment compliance with multiple medications, and excessive pill burden.<sup>5</sup> HCV protease inhibitors are approved for clinical use in HCV-mono-infected patients.<sup>6-9</sup> Recently published data reported that HIV/HCV-coinfected patients treated with first wave protease inhibitors (telaprevir and boceprevir),<sup>10,11</sup> second wave protease inhibitors (simeprevir and faldaprevir)<sup>12,13</sup> and polymerase inhibitor (sofosbuvir)<sup>14,15</sup> had higher SVR rates compared with those treated with Peg-IFN and RBV. Based on these data, the international guidelines recommend new DAA for the treatment of HIV/HCV-coinfected patients.<sup>16-19</sup>

Several studies have analyzed the efficacy and safety of combining Peg-IFN and RBV to treat hepatitis C in HIV-coinfected patients. Although in randomized studies the SVR rate varied from 26 to 55%,<sup>20-23</sup> the response rate reported in observational studies was lower, ranging from 12 to 21%.<sup>24-27</sup>

The current recommendations for the treatment of chronic hepatitis C with Peg-IFN and RBV are based on the above-mentioned randomized studies, which included highly selective cohorts of patients without clinically significant comorbidities and with supervised adherence, such as assistance at reference centers, and experienced physicians. The aim of this study was to assess the effectiveness of treatment with Peg-IFN and RBV under typical conditions, i.e., not as part of a research protocol and in a population of patients treated at several Brazilian centers, by determining the SVR rate and the related factors, and the frequency and causes of treatment interruption.

---

## Methods

### Design and selection of patients

This study was a retrospective, observational, and non-probabilistic sampling study based on a cohort that included 12 centers at various locations in Brazil. All the HIV/HCV-coinfected patients who were treated with at least one dose of Peg-IFN and RBV (48-week regimen) between January 2005 and June 2008 and were assisted at these centers were included (intention-to-treat analysis). The treatment decisions at the centers were based on the guidelines of the Brazilian Health Ministry (which followed the international recommendations at the time) and were at the discretion of the attending

physicians. This study was approved by the research ethics committees at all of the participating centers.

### Assessment of effectiveness

Effectiveness was determined based on virological response at the end of the treatment (HCV-RNA undetectable or <50 IU/mL) and on SVR (HCV-RNA undetectable or <50 IU/mL 24 weeks after the end of the treatment). Only intention-to-treat analysis was considered.

### Analyzed variables

The variables selected for analysis were grouped into several categories: variables related to the patients (age, gender, and weight), variables related to HCV infection [level of alanine transaminase (ALT) before treatment, quantitative HCV-RNA measurements before treatment, HCV genotype, and pattern of liver fibrosis], variables related to HCV treatment [number of treatments received; type, dose, and length of Peg-IFN and RBV treatment; and frequency and causes of transient interruption (interruption of RBV and/or Peg-IFN, up to a maximum of two weeks) and treatment discontinuation (interruption of RBV and/or Peg-IFN treatment prior to the completion of the scheduled 48 weeks)], and variables related to HIV infection [history of acquired immunodeficiency syndrome (AIDS)-defining illness, length of antiretroviral therapy (ART), use of zidovudine (AZT), number of CD4+ T cells before treatment, and number of nadir CD4+ T cells].

We reported the liver biopsy results (the degree of inflammatory activity and the stage of fibrosis) as defined by the METAVIR Cooperative Study Group.<sup>28</sup> In addition, the degree of steatosis and siderosis were determined by histological examination of the liver.

### Statistical analysis

The qualitative variables were expressed as frequencies and percentages, and the quantitative variables were reported as measures of central tendency. For the binary outcomes, the correlation between exposure and outcome was estimated using the prevalence ratio (PR).<sup>29,30</sup> The variables with a *p*-value < 0.25 by univariate analysis were selected for a multiple analysis of variance using a Cox regression model with robust variance.<sup>31</sup> The variables with a *p*-value < 0.05 in the multiple analysis remained in the final model. Finally, the PR of each such variable was estimated together with the corresponding confidence interval (95% CI) at a 5% descriptive level.

## Results

### Characterization of the population sample

This study included 382 HIV-HCV-coinfected patients from 12 different Brazilian institutions. Most of the patients were male (72.5%), 40 years old or older (64.2%), had no history of AIDS-defining illness (50.3%), were on ART (92.3%) for at least five years (63.6%), and had 500 or more CD4+ T cells/mm<sup>3</sup> in the peripheral blood before treatment (58.2%) (Table 1). The

**Table 1 – Baseline characteristics of the study subjects.**

Variables	n/N	%
Male gender	277/382	72.5
Age (years)		
<35	42/371	11.3
35–39	91/371	24.5
40–44	91/371	24.5
45–49	82/371	22.1
≥50	65/371	17.5
Mean (SD); median (min–max)	42.9 (7.7); 42 (23–78)	
Nadir CD4+ (cells/mm <sup>3</sup> )		
<200	126/307	41.0
200–349	98/307	31.9
350–499	47/307	15.3
≥500	36/307	11.7
Mean (SD); median (min–max)	275.7 (205.0); 249 (1–1140)	
Aids-defining illness	176/354	49.7
Current use of ART	335/363	92.3
Length of ART (years)		
<5	87/239	36.4
5–9	104/239	43.5
≥10	48/239	20.1
Mean (SD); median (min–max)	6.8 (3.5); 7 (0–19)	
Use of AZT	141/303	46.5
CD4+ before treatment (cells/mm <sup>3</sup> )		
<350	57/376	15.2
350–499	100/376	26.6
≥500	219/376	58.2
Mean (SD); median (min–max)	600.0 (287.2); 538 (134–2473)	
HCV genotype		
1 or 4	293/374	76.7
2 or 3	81/374	23.3
HCV viral load (IU/mL) ≥600,000	164/239	68.6
ALT levels		
Normal	77/367	21.0
Above the ULNR <sup>a</sup>	290/367	79.0
METAVIR fibrosis stage		
0	13/357	3.6
1	101/357	28.3
2	126/357	35.3
3	72/357	20.2
4	45/357	12.6
METAVIR score of inflammatory activity		
0	8/353	2.3
1	79/353	22.4
2	152/353	43.1
3	114/353	32.3
Cirrhosis	43/364	11.8
Steatosis	115/264	43.6
Siderosis	64/254	25.2
Type of pegylated interferon		
Alpha-2b	169/382	44.2
Alpha-2a	213/382	55.8
Length of HCV treatment (weeks)		
<48	132/274	48.2
≥48	142/274	51.8
Mean (SD); median (min–max)	42.1 (15.4); 48 (1–111)	
Use of filgrastim	71/382	18.6
Use of erythropoietin	67/382	17.5
Transient interruption	99/382	25.9
Treatment discontinuation	98/382	25.6

<sup>a</sup> ULNR: upper limit of the normal range.

**Table 2 – Reasons for transient interruption or early treatment discontinuation.**

Reason <sup>a</sup>	Treatment discontinuation (N = 98)		Transient interruption (N = 99)	
	N	%	N	%
Anemia	23	23.5	47	47.5
Neutropenia	20	20.4	35	35.4
Dropout	23	23.5		
Non-responders	30	30.6	–	–
Psychiatric illness	21	21.4	7	7.1
Thrombocytopenia	7	7.1	6	6.1
Intolerance to medication	21	21.4	5	5.1
Incorrect use of medication	1	1.0	3	3.0
Lack of medication	1	1.0	–	–
Liver decompensation	6	6.1	2	2.0
Neoplasia	2	2.0	1	1.0
Myalgia	–	–	1	1.0
Weight loss	–	–	1	1.0
Opportunistic disease	5	5.1	–	–
DVT (deep vein thrombosis)	3	3.1	–	–
Thyroid disorder	2	2.0	–	–
CD4 reduction	1	1.0	–	–
Pancreatitis	1	1.0	–	–
Kidney failure (proteinuria)	1	1.0	–	–
Drug-induced skin disorders	1	1.0	–	–
Death	1	1.0	–	–
Others	–	–	1	1.0

<sup>a</sup> Some patients exhibited more than one reason.

average weight of the patients was 68.4 kg [standard deviation (SD) = 12.4 kg].

Regarding the HCV infection, 76.7% of the patients had genotypes 1 or 4, 68.6% presented with a viral load >600,000 IU/mL, and 79.0% exhibited ALT levels above the upper limit of the normal range (Table 1).

According to liver histopathological assessment before treatment, the cohort included patients with advanced fibrosis (F3) (20.2%), cirrhosis (12.6%), moderate or intense inflammatory activity (75.4%), some degree of steatosis (43.6%), and some degree of siderosis (25.2%).

It is noteworthy that 77 (21.5%) patients had previously received anti-HCV treatment consisting of conventional interferon and RBV.

For the current anti-HCV treatment, most patients were given Peg-IFN-alpha-2a (55.8%), and the median length of treatment was 48 weeks (n = 274). Overall, 18.6% of the patients received filgrastim, and 17.5% took erythropoietin.

Transient interruption or early treatment discontinuation occurred among 99 (25.9%) and 98 (25.6%) patients, respectively.

In 25.6% of the patients (98/382), the treatment was discontinued prematurely because of adverse events (11.3%, 43/382), virologic failure (7.8%, 30/382), and dropout (6.5%, 25/382). The most frequent reasons for early treatment discontinuation among 98 patients were as follows: nonresponse to treatment (n = 30; 30.6%), anemia (n = 23; 23.5%), dropout (n = 23; 23.5%), intolerance to the medication (n = 21; 21.4%), and psychiatric illness that contra-indicated treatment (n = 17; 17.3%). The most frequent reasons for transient interruption included the following: anemia (n = 47; 47.5%), neutropenia (n = 47; 35.4%), and poor adherence (n = 10; 10.1%) (Table 2). Some patients had more than one cause of interruption.

Among the 382 analyzed patients, 118 patients achieved SVR [30.9% (95% CI: 26.3–35.8)]. Among them 25.9% (75/289) had genotypes 1 or 4 and 48.2% (41/85) had genotypes 2 or 3.

### Univariate analysis

We conducted a univariate analysis to test the association of each variable and SVR. SVR was associated to: absence of AIDS-defining illness ( $p < 0.001$ ), no current use of AZT ( $p = 0.029$ ), HCV genotypes 2 or 3 ( $p < 0.001$ ), baseline HCV viral load lower than 600,000 IU/mL ( $p = 0.017$ ), higher ALT level at baseline ( $p = 0.024$ ), use of Peg-IFN-alpha-2a ( $p = 0.044$ ), 48-week treatment duration ( $p = 0.008$ ), and no treatment interruption ( $p = 0.005$ ) or discontinuation ( $p < 0.001$ ) (Table 3).

### Multivariate analysis

According to the multivariate analysis the following variables correlated with SVR: absence of AIDS-defining illness ( $p = 0.001$ ), HCV viral load lower than 600,000 IU/mL at the onset of treatment ( $p = 0.003$ ), higher liver enzyme levels ( $p = 0.039$ ), infection with genotypes 2 or 3 ( $p < 0.003$ ), and no transient treatment interruption ( $p = 0.001$ ) (Table 4).

## Discussion

According to our data, infection with genotypes 2 or 3, low pre-treatment HCV viral load, and higher transaminases at baseline were independent positive predictors of SVR. These factors were identified in previous studies, and our study confirms their relevance in clinical practice.<sup>32–36</sup> In addition, a previous history of opportunistic infections and transient

**Table 3 – Univariate analysis of the factors associated with SVR.**

Variables	With SVR, n (%)	Without SVR, n (%)	PR	95% CI	p-value
<b>Gender</b>					0.077
Female	80 (76.2)	25 (23.8)	1		
Male	184 (66.4)	93 (33.6)	1.41	0.96–2.06	
<b>Age*</b>					0.442
<35	27 (64.3)	15 (35.7)	1		
35–39	62 (68.1)	29 (31.9)	0.89	0.54–1.48	
40–44	67 (73.6)	24 (26.4)	0.74	0.43–1.26	
45–49	52 (63.4)	30 (36.6)	1.02	0.62–1.68	
50 or +	49 (75.4)	16 (24.6)	0.69	0.38–1.24	
<b>Nadir CD4**</b>					0.403
< 200	80 (63.5)	46 (36.5)	1		
200–349	71 (72.5)	27 (27.5)	0.75	0.51–1.12	
350–499	28 (59.6)	19 (40.4)	1.11	0.73–1.68	
500 or +	24 (66.7)	12 (33.3)	0.91	0.54–1.53	
<b>Opportunistic infection***</b>					<0.001
Yes	137 (77.8)	39 (22.2)	1		
No	106 (59.6)	72 (40.4)	1.83	1.31–2.54	
<b>Use of ARV*</b>					0.599
No	18 (64.3)	10 (35.7)	1		
Yes	231 (69.0)	104 (31.0)	0.87	0.52–1.47	
<b>Length of ARV** (years)</b>					0.350
<5	57 (65.5)	30 (35.5)	1		
5–9	68 (65.4)	36 (34.6)	1.00	0.68–1.49	
10 or +	37 (77.1)	11 (22.9)	0.66	0.37–1.21	
<b>Use of AZT***</b>					0.029
Yes	108 (76.6)	33 (23.4)	1		
No	105 (64.8)	57 (35.2)	1.50	1.04–2.17	
<b>Pretreatment CD4</b>					0.441
<350	39 (68.4)	18 (31.6)	1		
350–499	74 (74.0)	26 (26.0)	0.82	0.50–1.37	
500 or +	146 (66.7)	73 (33.3)	1.06	0.69–1.62	
<b>HCV Genotype®</b>					< 0.001
1–4	214 (74.1)	75 (25.9)	1		
2–3	44 (51.8)	41 (48.2)	1.86	1.38–2.49	
<b>HCV RNA®®</b>					0.017
≥ 600.000	121 (73.8)	43 (26.2)	1		
< 600.000	44 (58.7)	31 (41.3)	1.58	1.09–2.29	
<b>ALT®®®</b>					0.024
Normal	48 (62.3)	29 (37.7)	1		
ULNR	208 (71.7)	82 (28.3)	0.50	0.30–0.83	
<b>Fibrosis stage+</b>					0.141
3 or 4	89 (76.1)	28 (23.9)	1		
0, 1 or 2	164 (68.3)	76 (31.7)	1.32	0.91–1.92	
<b>Inflammatory activity**</b>					0.065
2 or 3	195 (73.3)	71 (26.7)	1		
0 or 1	55 (63.2)	32 (36.8)	1.38	0.98–1.94	
<b>Cirrhosis***</b>					0.335
Yes	33 (76.7)	10 (23.3)	1		
No	223 (69.2)	99 (30.8)	1.32	0.75–2.33	
<b>Steatosis****</b>					0.644
Yes	78 (67.8)	37 (32.2)	1		
No	105 (70.5)	44 (29.5)	0.92	0.64–1.32	
<b>Siderosis*****</b>					0.340
Yes	47 (73.4)	17 (26.6)	1		
No	127 (68.8)	63 (33.2)	1.25	0.79–1.97	
<b>Retreatment&amp;</b>					0.753
Yes	52 (67.5)	25 (32.5)	1		
No	195 (69.4)	86 (30.6)	0.94	0.65–1.36	
<b>Type of Peg interferon</b>					0.044
Alpha 2b	126 (74.6)	43 (25.4)	1		
Alpha 2a	138 (64.8)	75 (35.2)	1.38	1.01–1.90	
<b>Length of HCV treatment (weeks)&amp;&amp;&amp;</b>					0.008
<48	102 (77.3)	30 (22.7)	1		
≥48	88 (62.0)	54 (38.0)	1.67	1.15–2.44	

– Table 3 (Continued)

Variables	With SVR, n (%)	Without SVR, n (%)	PR	95% CI	p-value
Use of filgrastim					0.589
Yes	51 (71.8)	20 (28.2)	1		
No	213 (68.5)	98 (31.5)	1.12	0.74–1.68	
Use of erythropoietin					0.840
Yes	47 (70.1)	20 (29.9)	1		
No	217 (68.9)	98 (31.1)	1.04	0.70–1.56	
Weight (kg) <sup>&amp;&amp;&amp;</sup>					0.149
< 70	157 (72.3)	60 (27.7)	1		
≥ 70	102 (65.4)	54 (34.6)	1.25	0.92–1.70	
Transient interruption <sup>&amp;&amp;&amp;</sup>					0.005
Yes	80 (80.8)	19 (19.2)	1		
No	176 (64.2)	98 (35.8)	1.86	1.21–2.88	
Treatment discontinuation <sup>&amp;&amp;&amp;</sup>					<0.001
Yes	89 (90.8)	9 (9.2)	1		
No	172 (62.1)	105 (37.9)	4.13	2.17–7.84	

Missing values: (\*)11; (\*\*)75; (\*\*\*)28; (\*\*\*\*)19; (#)143; (##)79; (###)6; (®)8; (©©)143; (©©©)15; (+)25; (++)29; (+++)17; (++++)118; (+++++)128; (&)24; (&&)108; (&&&)9; (&&&&)7.

PR: prevalence ratio; AZT: zidovudine.

treatment interruption robustly correlated with treatment failure, which possibly reflects previous more intense impairment of immune system and problems with adverse events and adherence, respectively. The identification of these factors is important to estimate the chance of SVR before and during treatment.

Anemia was the primary cause for interrupting anti-HCV treatment (23.5%) and also stood out as the main cause of transient treatment interruption (47.5%). Interestingly, 46.5% of the patients included in our study took zidovudine (AZT) at some point of treatment. Currently, AZT is not recommended to be used in combination with RBV because of the high risk of anemia, which necessitates reducing or interrupting RBV. Along with previously published data, our results corroborate the evidence indicating that the combination of AZT and RBV is not appropriate.

Our study also identified psychiatric disorder as an important cause of treatment interruption (17.3%), which highlights the need for more adequate and specific interventions concerning the mental health of the target population to improve treatment adherence. Other important reasons for discontinuation of treatment were neutropenia (20.4%),

thrombocytopenia (7.1%), liver decompensation (6.1%), and opportunistic disease (5.1%).

The high rate of treatment interruption in our study is a particular concern in DAAs era. Even with important increase of SVR rates with these new drugs, interferon and ribavirin will be used, particularly in resource-poor settings due to higher costs of interferon free regimens. Using telaprevir or boceprevir will increase the incidence of severe adverse events. This situation can impact on adherence and effectiveness, especially in real-life HCV/HIV coinfecting patients, where cases tend to be more severe. It is clear that we need more affordable regimens with interferon and without interferon to increase the access of patients to treatment.

According to results of univariate analysis, premature treatment interruption and duration of anti-HCV treatment correlated with SVR. Nevertheless, we opted not to include those variables in the multivariate analysis because we considered them to be co-linear and a reflection of transient treatment interruptions stemming from virologic failure, adverse events, or dropout. It is clear that the probability of curing chronic hepatitis C is reduced under these circumstances.

Table 4 – Variables elected from uni- to multivariate analyses of the factors associated with SVR.

Variables	Univariate			Multivariate		
	PR	95% CI	p value	PR <sub>adj</sub>	95% CI	p value
Previous opportunistic infection (yes vs. no)	1.83	1.31–2.54	<0.001	2.06	1.36–3.12	0.001
Use of AZT (yes vs. no)	1.50	1.04–2.17	0.029	–	–	–
HCV genotype (1 or 4 vs. 2 or 3)	1.86	1.38–2.49	<0.001	1.84	1.22–2.78	<0.003
HCV viral load (≥600,000 vs. <600,000 IU/mL)	1.58	1.09–2.29	0.017	1.76	1.20–2.58	0.004
Increased ALT ULNR vs. normal ALT	0.50	0.30–0.83	0.024	0.53	0.29–0.96	0.039
Type of Peg-IFN (alpha-2b vs. alpha-2a)	1.38	1.01–1.90	0.044	–	–	–
Length of anti-HCV treatment (<48 vs. ≥48 weeks)	1.67	1.15–2.44	0.008	–	–	–
Transient interruption (yes vs. no)	1.86	1.21–2.88	0.005	3.32	1.59–6.90	0.001

PR: prevalence ratio; PR<sub>adj</sub>: adjusted prevalence ratio.

Our study was a retrospective, multicenter cohort of HIV/HCV-coinfected patients followed in clinical practice settings at 12 Brazilian centers. Although retrospective studies cannot replace prospective randomized studies, they represent an important source of data on treatments in realistic settings. In particular, such studies provide an opportunity to establish whether the success rates, SVR in this case (efficacy), reported in randomized clinical trials extend to typical treatment scenarios where the patients are exposed to factors that are not assessed in randomized clinical trials (effectiveness). This information is important in pinpointing the probability of therapeutic success for each patient and guiding the population-based decision-making by the health authorities. Therefore, observational studies should be conducted immediately following the conclusion of randomized clinical trials to extend the results obtained under ideal conditions to typical settings.<sup>37</sup>

Our study had several limitations. First, we were not able to establish how many HIV/HCV-coinfected patients were originally screened, i.e., were considered to be eligible for treatment, or refused treatment. This consideration is critical because we cannot rule out the occurrence of selection bias, which may have favored the inclusion of patients with higher probability of achieving SVR.

Second, because our study was retrospective, we did not have access to all of the patients' clinical data regarding the analyzed variables. The missing data may have impacted the results. To minimize the effect of this bias on our results, the loss of data was not higher than 10% for any of the variables included in the analysis. This fact reflects the difference between randomized clinical trials, where several parameters are systematically collected, and typical conditions, where only the most relevant parameters needed to monitor treatments are routinely collected.

Third, because our study was retrospective, treatment adherence could not be monitored. However, retrospective studies have the advantage of assessing realistic clinical practice (effectiveness) without the potential bias created by changes in behavior that occur in prospective studies because of the awareness of being under observation (Hawthorne effect).<sup>38</sup>

In conclusion, in our study patients were treated with Peg-IFN and RBV, and the following were identified as predictors of SVR: HCV genotypes 2 or 3, low HCV viral load, high ALT levels at the onset of treatment, no previous history of an AIDS-defining illness and no transient treatment interruption. The identification of these factors may help clinicians to estimate the probability of achieving an SVR and therefore make more appropriate therapeutic decisions. The use of HCV new DAA in HIV/HCV-coinfected patients is currently indicated. With these new drugs, the efficacy of treating HIV/HCV-coinfected patients should increase and with less contra-indications and best tolerance, we will enhance the access to treatment final effectiveness. The potential repercussions in realistic treatment settings are unknown, as the pharmacoeconomic impact, particularly in resource limited situation. In many cases, success will certainly depend on the appropriate management of the basic Peg-IFN and RBV combination therapy.

## Conflicts of interest

The authors have no conflict of interest to declare.

## REFERENCES

- Mendes-Corrêa MC, Ferreira PRA, Martins LG, et al. Barriers to the treatment of hepatitis C in HIV/HCV-coinfected adults in Brazil. *Braz J Infect Dis.* 2010;14:237-41.
- Adeyemi OM. Hepatitis C in HIV-positive patients – treatment and liver disease outcomes. *J Clin Gastroenterol.* 2007;41:75-87.
- Seden K, Back D, Shoo S. New direct-acting antivirals for hepatitis C: potential for interaction with antiretrovirals. *J Antimicrob Chemother.* 2010;65:1079-85.
- Jiménez-Nácher I, Alvarez E, Morello J, et al. Approaches for understanding and predicting drug interactions in HIV-infected patients. *Expert Opin Drug Metab Toxicol.* 2011;7:457-77.
- Soriano V, Sherman KE, Rockstroh J, et al. Challenges and opportunities for hepatitis C drug development in HIV/hepatitis C virus-coinfected patients. *AIDS.* 2011;25:2197-208.
- Jacobson IM, McHutchison JG, Dusheiko G, et al. Telaprevir for previously untreated chronic hepatitis C virus infection. *N Engl J Med.* 2011;364:2405-16.
- Zeuzem S, Andreone P, Pol S, et al. Telaprevir for the retreatment of HCV infection. *N Engl J Med.* 2011;364:2417-28.
- Poordad F, McCone J Jr, Bacon BR, et al. Boceprevir for untreated chronic HCV genotype 1 infection. *N Engl J Med.* 2011;364:1195-206.
- Bacon BR, Gordon SC, Lawitz E, et al. Boceprevir for previously treated chronic HCV genotype 1 infection. *N Engl J Med.* 2011;364:1207-17.
- Sulkowski M, Pol S, Mallolas J, et al. Boceprevir versus placebo with pegylated interferon alfa-2b and ribavirin for treatment of hepatitis C virus genotype 1 in patients with HIV: a randomised, double-blind, controlled phase 2 trial. *Lancet Infect Dis.* 2013;13:597-605.
- Sulkowski MS, Sherman KE, Dieterich DT, et al. Combination therapy with telaprevir for chronic hepatitis C virus genotype 1 infection in patients with HIV: a randomized trial. *Ann Intern Med.* 2013;159:86-96.
- Dieterich D, Tural C, Nelson M, et al. Faldaprevir plus pegylated interferon alfa-2a/ribavirin in HIV/HCV coinfection: STARTVerso4. In: Conference on Retroviruses and Opportunistic Infections (CROI 2014). 2014. Abstract 23.
- Dieterich D, Rockstroh JK, Orkin C, et al. Simeprevir (TMC435) plus PegIFN/ribavirin in HCV genotype-1/HIV-1 coinfection (Study C212). In: 21st Conference on Retroviruses and Opportunistic Infections (CROI 2014). 2014. Abstract 24.
- Naggie S, Sulkowski MS, Lalezari J, et al. Sofosbuvir plus ribavirin for HCV genotype 1-3 infection in HIV coinfecting patients (PHOTON-1). In: 21st Conference on Retroviruses and Opportunistic Infections (CROI 2014). 2014. Abstract 26.
- Rodriguez-Torres M, Rodriguez-Orengo JF, Gaggar A, et al. Sofosbuvir and peginterferon alfa-2a/ribavirin for treatment-naïve genotype 1-4 HCV-infected patients who are coinfecting with HIV. In: 53rd ICAAC 2013. 2013.
- <http://www.aidsinfo.nih.gov/guidelines/html/1/adult-and-adolescent-treatment-guidelines/26/hepatitis-c-hcv-hiv-coinfection> [accessed 30.3.14].
- Thompson MA, Aberg JA, Hoy JF, et al. Antiretroviral treatment of adult HIV infection 2012 recommendations of

- the international antiviral society – USA panel. *JAMA*. 2012;308:387–402.
18. [http://www.europeanaidscinicalsociety.org/index.php?option=com\\_content&view=article&id=59&Itemid=41](http://www.europeanaidscinicalsociety.org/index.php?option=com_content&view=article&id=59&Itemid=41) [accessed 28.7.12].
  19. <http://www.hcvguidelines.org/full-report/unique-patient-populations> [accessed 30.3.14].
  20. Torriani FJ, Rodriguez-Torres M, Rockstroh JK, et al. Peginterferon alfa-2a plus ribavirin for chronic hepatitis C virus infection in HIV-infected patients. *N Engl J Med*. 2004;351:438–50.
  21. Laguno M, Murillas J, Blanco JL, et al. Peginterferon alfa-2b plus ribavirin compared with interferon alfa-2b plus ribavirin for the treatment of HIV/HCV-coinfected patients. *AIDS*. 2004;18:27–36.
  22. Chung RT, Andersen J, Volberding P, et al. Interferon alfa-2a plus ribavirin for chronic hepatitis C in HIV-coinfected persons. *N Engl J Med*. 2004;351:451–9.
  23. Carrat F, Bani-Sadr F, Pol S, et al. Pegylated interferon alfa-2b vs standard interferon alfa-2b, plus ribavirin, for chronic hepatitis C in HIV-infected patients: a randomized controlled trial. *JAMA*. 2004;292:2839–48.
  24. Moreno L, Quereda C, Moreno A, et al. Pegylated interferon a2b plus ribavirin for the treatment of chronic hepatitis C in HIV-infected patients. *AIDS*. 2004;18:67–73.
  25. Moreno A, Bárcena R, García-Garzón S, et al. HCV clearance and treatment outcomes in genotype 1 HCV-monoinfected, HIV-coinfected and liver transplant patients on peg-IFN-a-2b/ribavirin. *J Hepatol*. 2005;43:783–90.
  26. Pérez-Olmeda M, Núñez M, Romero M, et al. Pegylated IFNalpha 2b plus ribavirin as a treatment for chronic hepatitis C in HIV-infected patients. *AIDS*. 2003;17:1023–8.
  27. Voigt E, Schulz C, Klausen G, et al. Pegylated interferon alfa-2b plus ribavirin for the treatment of chronic hepatitis C. *J Infect*. 2006;53:36–42.
  28. Bedossa P, Poynard T. An algorithm for the grading of activity in chronic hepatitis C. The METAVIR Cooperative Study Group. *Hepatology*. 1996;24:289–93.
  29. Barros AJ, Hirakata VN. Alternatives for logistic regression in cross-sectional studies: an empirical comparison of models that directly estimate the prevalence ratio. *BMC Med Res Methodol*. 2003;3:21.
  30. Davies HT, Crombie IK, Tavakoli M. When can odds ratios mislead? *BMJ*. 1998;316:989–91.
  31. Lin DY, Wei LJ. The robust inference for the Cox Proportional Hazards Model. *J Am Stat Assoc*. 1989;84:1074–8.
  32. Berenguer J, González-García J, López-Aldeguer J, et al. Pegylated interferon alfa-2a plus ribavirin versus pegylated interferon alfa-2b plus ribavirin for the treatment of chronic hepatitis C in HIV-infected patients. *J Antimicrob Chemother*. 2009;63:1256–63.
  33. Righi E, Beltrame A, Bassetti M, et al. Therapeutic aspects of and outcomes for HIV/HCV-coinfected patients treated with pegylated interferon plus ribavirin in an Italian cohort. *Infection*. 2008;36:358–61.
  34. Righi E, Beltrame A, Bassetti M, et al. The efficacy and safety of pegylated-interferon plus ribavirin in HIV-infected patients coinfecting with hepatitis C virus in clinical practice: a 32 case observational follow-up. *Rev Med Interne*. 2005;26:280–7.
  35. Tural C, Galeras JA, Planas R, et al. Differences in the virological response to pegylated interferon and ribavirin between hepatitis C virus (HCV)-monoinfected and HCV/HIV-coinfected patients. *Antivir Ther*. 2008;13:1047–55.
  36. Laguno M, Cifuentes C, Murillas J, et al. A randomized trial comparing pegylated interferon alfa-2b to pegylated interferon alfa-2a, both plus ribavirin, to treat chronic hepatitis C in human immunodeficiency virus patients. *Hepatology*. 2009;49:22–31.
  37. Seale JP, GebSKI VJ, Keech AC. Generalizing the results of trials to clinical practice. *Med J Aust*. 2004;181:558–60.
  38. De Amici D, Klersy C, Ramajoli F, et al. Impact of the Hawthorne effect in a longitudinal clinical study: the case of anesthesia. *Control Clin Trials*. 2000;21:103–4.